

NATS CURRENT NEWS

Monthly publication for  
THE NORTH AMERICAN TRUFFLING SOCIETY, INC.  
P. O. Box 296  
Corvallis, OR. 97339

September 1986

Editor: Pat Rawlinson

Vol. 4 No. 9

President: Frank Morris, 2915 N. W. Garfield, Corvallis, OR. 97330,  
754-9362.

Vice President: Dan Luoma, 3020 N. E. Lancaster, Corvallis, OR. 97330,  
758-8063.

Secretary-Treasurer: Joyce Nesson, 24783 Ervin Rd., Philomath, OR. 97370,  
929-3875.

Immediate Past President: Henry Pavelek, 32566 Peoria Rd., Albany, OR.  
97321, 753-6384.

Board Member-at-Large: Frank Evans, 808 N. W. Merrie Drive, Corvallis,  
OR. 97330, 752-5480.

Trufflemaster: Steve Morgan, P. O. Box 157, Corvallis, OR. 97339,  
Brownsville 466-5885.

Librarian: Steve Morgan, same as above.

Membership: Vern Moore, 31831 Berlin Rd., Lebanon, OR. 97355, 451-4252.

Newsletter Editor: Pat Rawlinson, 34197 NE Colorado Lake Drive, Corvallis,  
OR. 97333, 752-2243.

FORAY, Saturday, Sept. 6, 1986 to  
Boise Cascade land, east of Dallas,  
OR. Boise Cascade has granted NATS  
special permission to truffle on  
their land.

Meet at Benton Center, 630 NW  
7th, Corvallis, at 9:00 A. M. Dress  
for the weather and bring a lunch.

For those coming from the north,  
meet at 9:45 A. M., Payless Drug  
Store parking lot in the Mill Valley  
Square Shopping Center, Dallas, OR.  
The Mill Valley Square Shopping Cen-  
ter is located at the intersection  
of Hwy 223 and Ellendale Road.

For those coming from Hwy 99 W,  
turn west on Hwy 22 towards the Ore-  
gon coast, then make a left turn on  
Ellendale Road into Dallas.

For further information, call  
Steve Morgan at 466-5885, Browns-  
ville.

Steve Morgan  
Trufflemaster

MEETING, Monday, September 8, 1986,  
7:30 P. M., in the Large Conference  
Room, Forest Sciences Lab, 3200 Jef-  
ferson Way, Corvallis, OR.

Dan Luoma will speak on "Use of  
Map and Compass." Dan is our Vice  
President. He is a Geography major,  
and well qualified to instruct NATS  
members in this essential and often  
asked for topic.

For further information, contact  
Dan Luoma, 758-8063.

The August 2, 1986 foray, to Mary's  
Peak, yielded four different species  
of truffles with over ten collections  
by seven people. The most interest-  
ing find was Leucogaster rubescens.

Steve Morgan  
Trufflemaster

DR. JAMES TRAPPE, Chief Scientific  
Advisor for NATS, has been out of  
town for much of the summer on  
research trips and for meetings.

Be assured that he will identify all the finds made over the summer and they will be published in due time.

#### PRESIDENT'S COMMENTS

I missed the August foray in the Mary's Peak Study Area. I hope it was a good one. We had a death in the family. My sister died in Portland's Good Samaritan Hospital after a long struggle with diabetes, heart and vascular complications, and toxicity, after voluntarily stopping her three times weekly dialysis treatments. We were told that the average patient survived about five days after cessation of dialysis. She survived for fifteen. She was an inspiration to all who knew her, and we shall miss her very much!

We shall be looking for some volunteers to help with truffle collection a day or two before two important events: a) Falls City Mushroom Festival at Falls City, OR. on October 11 and 12, 1986 b) OMS Annual Mushroom Show in Portland, OR. at the Western Forestry Center, Sunday, October 19, 1986.

There will be a media preview event at Falls City with media people and a chef on Saturday, Sept. 13, 1986. This will be a chance for media (TV and newspaper) publicity for NATS. It is my understanding that Steve Morgan, our intrepid truffle master and librarian, will lead a foray in the Valsetz Lake area for the media, following a tasting session of wild, gourmet mushroom dishes (including pasta with truffles), prepared by Salem Chef Jeff Isaacson.

For the two October dates we will need all the creative and artistic talents we can muster to prepare a display booth for both Falls City and OMS events. We will also need people to man the display booths, to answer questions and hand out literature. The more volunteers we can muster, the less work, time, effort and commitment for those who volun-

teer. We will discuss this further at the September meeting so be there and volunteer all the time you can spare. Let's share the load. These events are FUN and we broaden our exposure to the world.

My wife and I recently returned from a short trip to southern Idaho to visit her mother, age 92. We went to a convalescent center every day for nine days. Most of the people there were recovering from CVA's (cerebral vascular accidents-strokes.) In my mother-in-law's case, she suffered two sub-dural hematomas from falls. Others were probably there due to non-use of their bodies-- lack of exercise programs to stretch muscles, to keep bones strong and healthy, to lower blood pressure, to reduce fatigue and depression, and to reduce susceptibility to disease.

Research over the last two decades has shown that moderate exercise can and does perform these functions for those who choose to participate. I certainly hope that I can keep jogging for another 24 years. I started a fitness program back in 1962. It has kept me alive and relatively healthy ever since. I sincerely hope that all NATS people will seriously consider their well being above all else and take the time to get that check-up, receive the okay of their doctors and take up a mild exercise regime. It can be as simple as walking a couple of miles a day!! Start slowly and work into it.

We took 16 weeks to walk-jog-walk until we could jog for one mile without stopping back in 1962. It takes a long time for the joints, muscles, bones, the lungs, the intercostal muscles (muscles between the ribs - to lift the rib cage so you can take a BIG chestful of air), the heart, and blood vessels to accommodate exercise. I can tell you it is worth the effort and it will prolong your life and give you a much better quality of life. There- I promise to preach no more.

Frank Morris  
NATS President

DR. JAMES TRAPPE will begin a one-year term in August 1986 as president of The Mycological Society of America.

Dr. Trappe is an internationally recognized authority on the classification of truffles. He recently retired as project leader and principal mycologist of the USDA Forest Service, and he has been a consultant in research programs in many foreign countries.

Dr. Trappe is Chief Scientific Advisor for NATS. Members often find him at work in the lab, identifying the countless finds brought or sent to him by enthusiastic trufflehunters!

Congratulations from all of us in NATS!

### THIRD ANNUAL EUROPEAN TRUFFLE TOUR

The Third Annual Gourmet Truffle Tour will take place January 3-19, 1987. One of this year's tour leaders will be Dr. Jim Trappe, the world's leading authority on truffles and President of the Mycological Society of America. Also leading the tour is the organizer, Gary Menser, truffle specialist, who on the last tour while in Morocco found a new species of truffle.

The tour includes visits in Vienna, Ljubljana, Bologna and Torino where we will visit mycologists, do some sightseeing and enjoy the regional specialties which includes the Italian white truffle. The tour has been planned this year to coincide with the end of the white truffle season and the start of the French black truffle season so we can enjoy both. Dr. Trappe spent a year at the University of Turin, studying the truffles of the region, and he assures us that he still knows where they grow and will show us how to find them.

After leaving the Turin area we will cross the Swiss Alps into Switzerland for some special dinners and maybe a mushroom factory that operates year round getting mushrooms from the Southern Hemi-

sphere during winter times. Then it's on to Innsbruck where we will see Dr. Meinhard Moser, one of Europe's foremost mycologists.

For a brochure and additional information, contact:

Frank Pipal  
Educational Tours Inc.  
5935 South Pulaski Rd.  
Chicago, IL. 60629  
(312)767-0477 or 767-9076

Gary Menser  
Tour organizer

NATS WELCOMES the following new members: Nels and Kristi Larson, Corvallis, OR.; George and Alice Dalgallo, Klamath Falls, OR.; Dr. Samuel B. Pratt, Inman, SC.; John D. Shumacher, Aberdeen, WA.; Michael Wood, Oakland, CA.

### FROM THE EDITOR

Getting out this newsletter was no picnic. If I printed jokes, people would say I was being silly; if I didn't they'd say I was too serious and needed a laugh. If I stuck too close to the job, they'd say I ought to be out hunting up stories. If I was out too much they'd wonder where I was instead of being at my desk. If I didn't print poetry, I didn't appreciate genius. If I did I was filling the newsletter up with junk. If I made a change in someone's write up, I was being too critical. If I didn't I was too sloppy or asleep.

If I clipped things from other papers, I was too lazy to write them myself, if I didn't I was too stuck on my own writing.

Like as not someone will say that I swiped this from another newsletter.

Ed.

p. s. I did!

(From RELATIVELY SPEAKING, the newsletter for The Alberta Genealogical Society, August 1986.)

ETCETERA

Those of you who subscribe to NATIONAL GEOGRAPHIC may have noticed NATS Past President, Henry Pavelek, on page 338 of the September 1986 issue. And, on the next page is a picture of Frank and Karan Evan's "Tuber Pâté," molded in the shape of a rabbit.

These pictures were taken on a May 26, 1984 foray to Bert Udell's Tree farm, near Lebanon, OR., and are used in an article on "Smells", (That's Bert in the background, wearing the red suspenders, on page 338.)

Although NATS was not mentioned in either the article or the captions under the pictures, we are very proud to be a part of an article in such an internationally known publication. There have already been calls from GEOGRAPHIC personnel about truffles. People are finding out that truffles grow in places other than France and Italy!

The North American  
Truffling Society, Inc.  
P. O. Box 296  
Corvallis, OR. 97339



CULINARY CORNER

TROUT WITH BLACK TRUFFLES

From Women's Wear Daily, Dec. 13-20, 1985.

Bake a cleaned trout with celery, carrots, parsley, onions and salt. When done, place trout on a serving dish surrounded by vegetables.

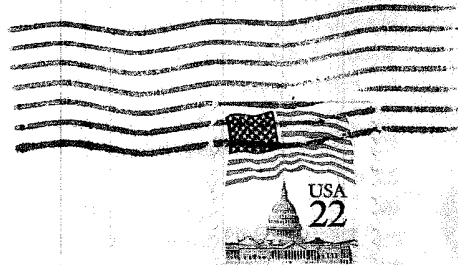
On top, drizzle a sauce made from anchovies, chopped truffles, chopped mushrooms and a small amount of olive oil.

The French Black Truffle was the truffle referred to in the recipe, but why not try Oregon's Black Truffle, Melanogaster intermedius? The Melanogaster sp. has a good flavor and aroma.

MUSTARD OF DIJON

Norene Wedam

8 oz. mustard seed, crushed  
2 oz. cinnamon and 2 oz. honey  
Cider vinegar to achieve desired consistency. Use on your favorite summer salad.



NATS LIBRARY  
P. O. Box 157  
Corvallis,  
OR. 97339